

RESOURCE CENTER PROGRAMS AND SERVICES

3135 Lorain Avenue, Cleveland, OH 44113 (216) 631-4741



***PLEASE WEAR A MASK FOR ALL SERVICES.**

- * Clients can sign up for programs at the front desk in the Resource Center. Adults only.
- * Usual hours of operation: Monday – Friday: 9AM – 3PM. Dates and times may change.
- * Please see staff at the front desk in the Resource Center for assistance with any needs.

A.A. Meetings (Alcoholics Anonymous):	Mondays, 6PM to 7PM. Support group.
Art in Action:	Art class meets on Tuesday afternoons, twice per month. Check monthly calendar for dates, or call extension 124.
Barber Program:	7 free basic haircuts on Tuesday; 10 half price haircuts on Wednesday and Thursday (\$2.50 cost to client). 9:30AM – Noon. First come, first served. ON HOLD
Birth Certificate/State ID/Driver’s License Program:	Clients can call the receptionist to be request an appointment for a voucher.
Clothing & Household Goods Distribution:	By appointment only. Call Monday through Friday, 9:00 AM to 3:30 PM for appointments. Shopping days are Tuesday, Wednesday, Thursday, and Friday, between 9:30 AM and 11:30AM. Guests meet with a Personal Shopper who assists with their selections. Guests may shop two times per month. PROOF OF CHILDREN (BIRTH CERTIFICATE) IS REQUIRED TO SHOP FOR THEM. NO CHILD CARE PROVIDED AT THIS TIME, AND ONLY THE GUEST WITH THE APPOINTMENT IS PERMITTED INSIDE.
Creative Writing Group:	Creative writing group meets Fridays, 2PM – 3PM, to create poetry, short stories, and prose.
Dental Services:	Care for acute tooth pain. See the Nurse or Resource Center staff.
Drug & Alcohol Services (Orca House):	Mondays through Thursdays, 9AM – 1PM. Linkages and Assessments provided. Call for an appointment at Extension 120.
Drumming (Rhythm of the Heart Drum Circle):	Therapeutic drumming once monthly. Second Tuesday of each month, 1PM – 3PM.
Workforce Development Program:	Monday through Friday, 9:00AM – Noon, for 8 weeks.
Food Distribution:	Mobile Pantry: Free fresh produce usually distributed the fourth Saturday of the month, 10AM – Noon, by appointment. Bring your own bags. Food Pantry: 3 day emergency supply of food for each household member. Once per month. Call for appointment starting on the first business day of each month, for that month’s pantry. State ID or Driver’s License requested.
Furniture Clinic:	Most Tuesdays, 1PM – 3PM. Check calendar for specific dates. Assistance with furniture resources and referrals to the Cleveland Furniture Bank. Also individual assistance weekdays.
Gardening Group & Club:	Therapeutic gardening meets during the summer (May – October). Mondays and Thursdays, 9:00AM – 9:30AM. Educational Garden Club meets November – April, on the fourth Wednesday of the month, 2PM to 3PM.
Housing Assistance:	Provides assistance with CMHA pre-applications, HUD apartment lists, online housing searches, and information on housing programs.

Legal Services:	A lawyer is here on the third Wednesday of each month at 10AM – 11AM. Also, Legal Aid Clinics are usually held quarterly on Saturdays, 9:45 AM - Noon. Dates to be announced. Check monthly calendar for specific dates. Civil matters only.
Mailing Address:	Use of agency address to receive mail. Sign-up in the Center. State ID or Driver's License required. Mail can be picked up Monday – Friday, 9:30AM – 11:30AM, and 1PM – 3PM. Mail will not be checked by phone, and is held for 10 days before returning to sender.
Meals:	Breakfast: Monday – Saturday at 9AM. Coffee, cereal, & pastry served Monday through Friday. Hot breakfast served on Saturday. Lunch: Monday – Friday at noon. Hot lunch served on weekdays. Dinner: Saturday at 4:30PM. Hot dinner served on Saturdays.
Medicaid/Entitlements Program:	Assistance in applying for welfare benefits (Medicaid, SNAP, etc.), and other entitlements.
Mental Health Services:	Mental health support, linkages, and referrals are also provided Monday – Friday.
MetroHealth Medical Mobile Unit:	Usually on the second Monday of each month, 8:30AM – 1PM. Provides primary care services.
N.A. Meetings (Narcotics Anonymous):	Saturdays, 6PM – 7PM. Support group.
Nurse's Clinic/Health Services:	Health services on Mondays and Fridays, 10AM – 11:00AM.
Reiki:	Stress reduction and relaxation techniques to promote well-being and healing. First Thursday of each month, 1PM – 2PM. ON HOLD
Reading Circle:	Monday through Friday, 1PM – 3PM. Read newspapers, books, magazines.
Recreation/Entertainment/Socialization:	Movies most weekdays, 1PM – 3PM. Bingo on Wednesdays, 1PM to 3PM.
Resume Clinic:	Assistance with resumes provided through the Workforce Development Program. Assistance with job applications and Cover Letters also provided.
Shower Program:	Monday – Friday, 9:30AM -11:30AM and 1PM – 3PM. Shower kit provided.
Social Security Disability Applications:	Assistance with Social Security Disability applications. Call for an appointment at extension 121.
Yoga:	Breathing and movement, mostly in chairs; Fridays, 1PM – 2PM.